

Qaadashada daawada lagu dilo jeermiska TB-da (cudurka qaaxada) waa ay dawayn kartaa cudurka qaaxada

Jeermisyada TB-da waa ay adag yihiin. Wuxaad u baahantahay in aad dawada qaadato bilooyin badan si aad u hubsato in jeermisyada TB-da oo dhan ay dhinteen.



Xusuusnow waxyaabaha soo socda marka aad qaadanaysid daawada Tb-da

🚫 Dawa (kanini) qaadashada, raac hagidda daryeelah caafimaadka.

🚫 Xusuuso in aad kaniiniyaashaada qaadatid. Shaqaalaha caafimaadka ayaa kaala hadli doona **Dawaynta sida tooska ah [Directly Observed Therapy (DOT)]**. DOT waa marka aad kaniiniga qaaxada qaadato ayada oo uu shaqaalaha caafimaadka kula joogo. DOT waxaa la samayn karaa waqt walba, waxaana lagu sameynkaraa meelkasta oo kula haboon. DOT waxay kuu sahleysaa qaadashada daawada (kaniiniga) qaaxada.

🚫 Iska ilaali cabidda qamriga marka aad qaadanaysid dawada qaaxada ama tiibishada

🚫 U sheeg daryeelaha caafimaadkaaga haddii aad urleedahay, naas nuujinaysid ama aad qaadato kaniiniga dhalmo celinta.

🚫 U sheeg shaqaalaha daryeelka caafimaadkaada, haddii aad qabto caafimaad darro kale oo aan la xiriirin qaaxada ama tiibishada.

✓ Daawada qaaxada ama tiibishada (TB-da) oo aad qaadanaysid:

_____ I soniazid (I NH)

_____ Rifampin

_____ Pyrazinamide (PZA)

_____ Ethambutol

_____ Daawo kale _____

_____ Daawo kale _____

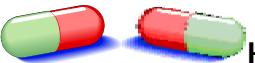
_____ Daawo kale _____



Inta badan dawooyinka TB-da khatar ma aha.

Dad aad u yar ayay u gaysataa waxyeello. waa inaad wacdaa ama aad isla markiiba aragtaa shaqaalaha daryeelka caafimaadka, haddii aad qabto mid ka mid ah dhibaatooyink hoos ku xusan.

- ▶ Cuntadoo kaa xiranto
- ▶ Matag
- ▶ Calool xanuun
- ▶ Lalabbo
- ▶ Indhaha ama maqaarka oo jaalle ku noqda
- ▶ Faraha, gacmaha iyo lugaha oo ku jiriiricooda
- ▶ Agagaarka afka oo ku jiriiricooda ama kabuubyoodo
- ▶ Aragaada oo badelma ama uu humaag galoo
- ▶ Wareer
- ▶ Xubnaha oo ku xanuuna
- ▶ Qandho muddo ka badan 3 maalmood
- ▶ Maqaarka oo nabaro yar yar kasoo baxaan
- ▶ Dhiig bax sahlan
- ▶ Si sahlan oo aad u dhaawacanto
- ▶ _____
- ▶ _____
- ▶ _____
- ▶ _____
- ▶ _____
- ▶ _____



Haddii aad
qaadanayso daawada Rifampin,
waa in aad ogaataa in:

- ◆ Kaadidaada, canduuftaada, ama illintaadu ay noqon karaan sida midabka oranjada.
- ◆ Muraayadahaaga indhaha (ookiyaalahaaga) ee jirilcsan waa ay wasaqoobi karaan. Taasina *si aad u dhaqso badan!* ayay ku dhici kartaa Marka ha xiran muraayadaha indhaha ee jilicsan markaad qaadanayso daawada rifampin.
- ◆ Laga yaabe in dareenka maqaarka jirkaagu uu aad ugu nuglaado qoraxda. Ka dabool jirkaada qoraxda ama isticmaal careemada qoraxda laga marsado.
- ◆ Qaar ka mid ah daawooyinka dhalmada celiyaa ayaan si **wanaagsan u shaqayn** marka aad qaadanaysid rifampin. Dumarku waa in ay isticmaalaan dhalmo celin kale sida bambiirada (salbatiibo/koondom) inta ay qaadanaayaan rifampin.

Qaaxada ka ilaali
naftaada, qoyskaada iyo
saaxibadaa. Dhamyso
daawada TBd-a!

Haddii aad su'aal
qabto, fadlan la
xiriir:



<http://www.vdh.state.va.us/epi/tb>

[“What You Should Know About
Taking Tuberculosis Medicines”]
Somali

November 8, 2002

Maxay tahay in aad ka ogaato



Qaadashada
daawada
qaaxada
ama
tiibishada